

Sidi loo caddeyn lahaa nafaqadarada kusoo boodka ah ee caruurta

1

KAHUBI BARAR

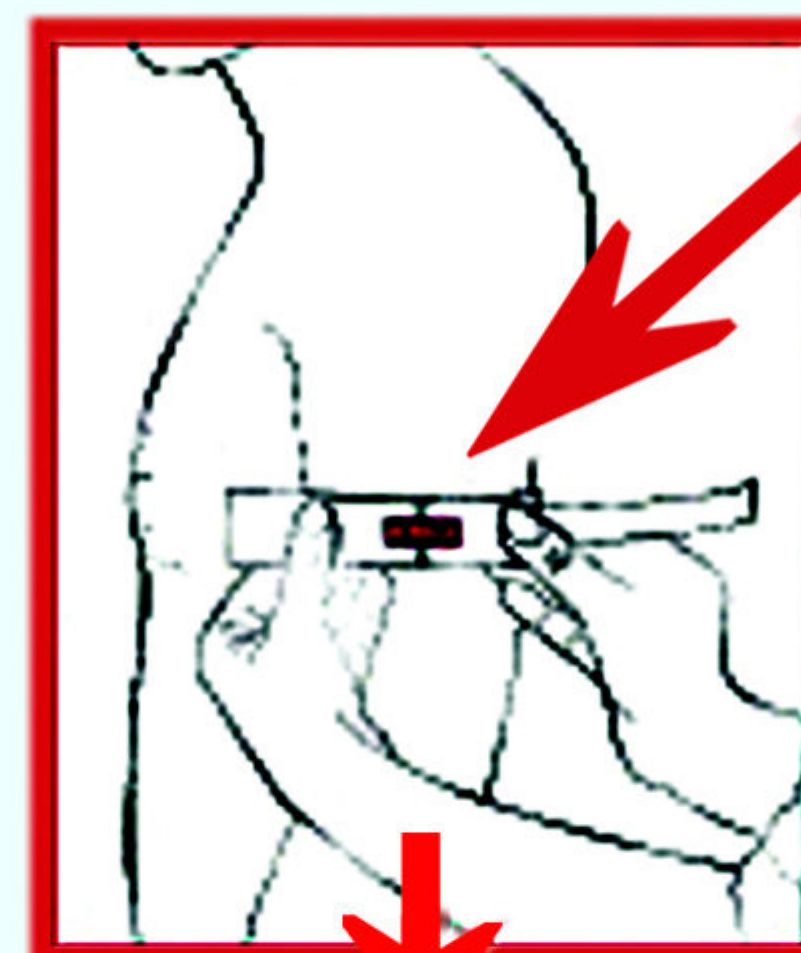
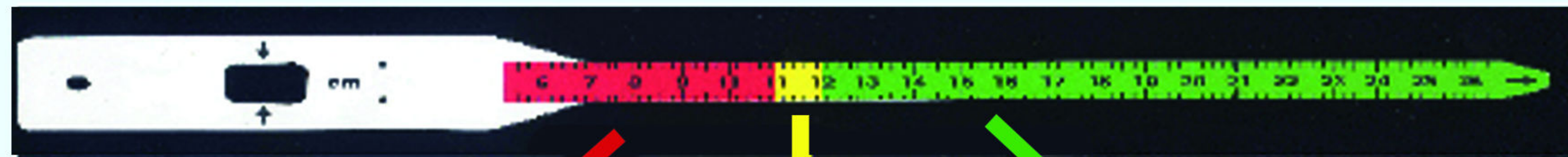
Adigoo
isticmaalaya
(adeegsanaya)
labadada
suul kujooji
(nab) labada
cagood
eeilmaha mudo
3sikin ah
Haddi ay ilmuha
labada cagood
(good naqdaan)
ilmahaas
wuxuu leeyahay
barar



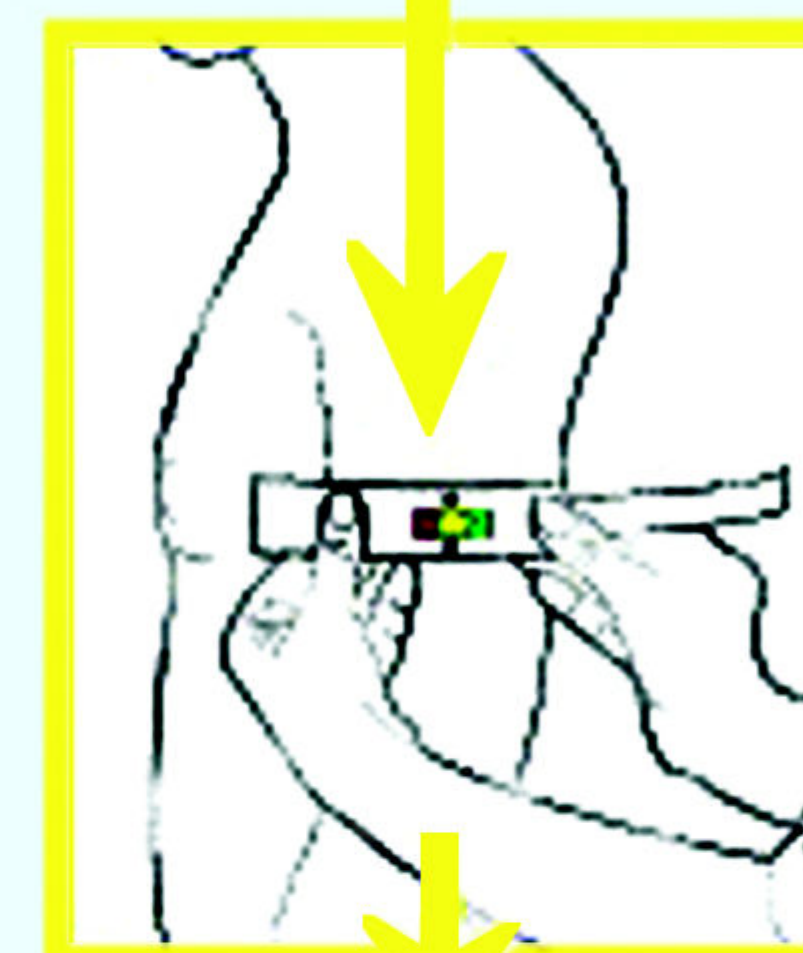
**Ilmahan nafaqo
daro daran ayaa haysa
wuxuna ubaahan yahay in si
degedega ah loog u gubiyo
xarunta cafimadka ee
ugudhow si uu
uhelo qudin.**

2

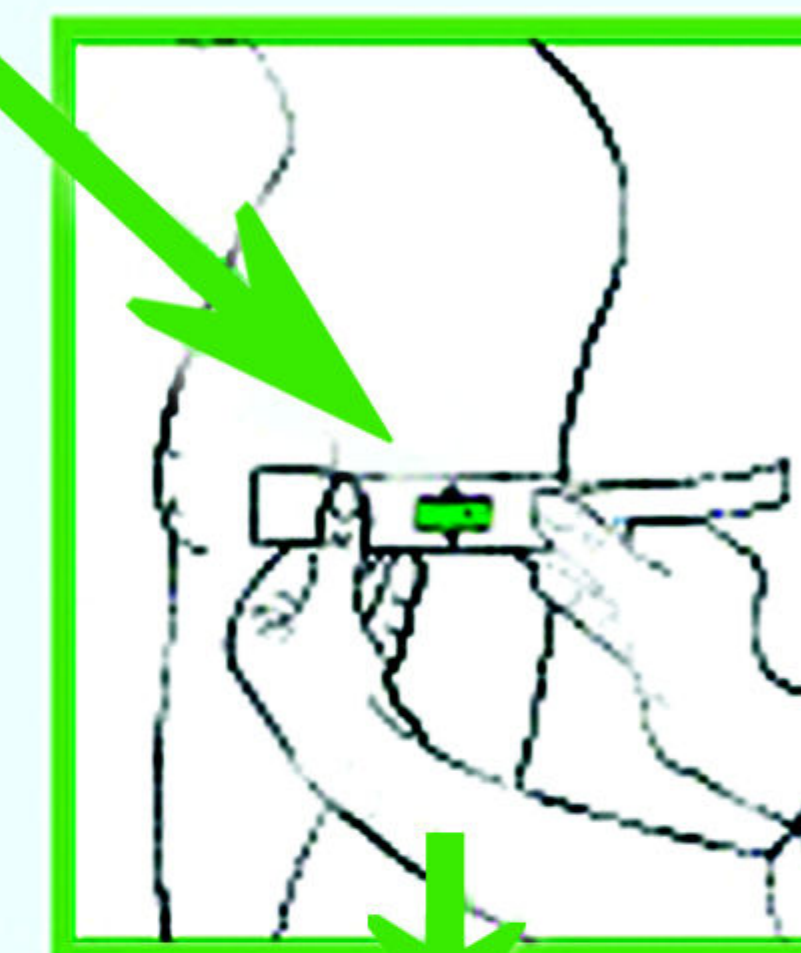
Cabirka MUAC (WAREEGA JINTA BIDIXDA) AH



**Ilmahan nafaqo
daro daran ayaa haysa
wuxuna ubaahan yahay in si
degedega ah loog u gubiyo
xarunta cafimadka ee
ugudhow si uu
uhelo qudin.**



**Ilmahan waxa
haysa nafaqo daro
dhehdhehad ah wuxuna
ubaahan yahay cunto
dheri ah iskuna
dheeli tiran.**



**Ilhamhan
nafaqo daro mahayso
sidaas darted u
mahadceli hooyada.**



Federal Ministry of Health

unicef

